# Jan 8 -Jan 26 <br> Elementary \& Middle School Menu 

| Monday, January 8 | Tuesday, January 9 | Wednesday, January 10 | Thursday, January 11 | Friday, January 12 |
| :---: | :---: | :---: | :---: | :---: |
| Entrée <br> Hamburger/Cheeseburger Chicken Sandwich Vegetables <br> Potato Wedges <br> Baked Beans <br> Fruit <br> Fresh Orange <br> Frosted Blueberries <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Beef Fiestada Pizza Cheesy Nachos Vegetables Salsa <br> Seasoned Black Beans <br> Fruit <br> Sliced Peaches <br> Applesauce Cup <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Chicken Nuggets Meatloaf <br> Whole Wheat Roll Vegetables <br> Mashed Potatoes w/Gravy <br> Green Beans <br> Fruit <br> Fresh Apple <br> Mixed Fruit <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Beef \& Chili Beans w/Chips <br> Philly Chicken Sandwich Vegetables <br> Fresh Green Garden Salad <br> Baby Carrots w/Dip <br> Fruit <br> Fresh Banana Peach Cup <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Mac \& Cheese <br> Texas BBQ w/Corn Muffin Vegetables Oven Roasted Broccoli Buttery Corn Fruit <br> Fresh Grapes Applesauce Cup Milk Options <br> Skim Plain, Skim Chocolate |
| Monday, January 15 | Tuesday, January 16 | Wednesday, January 17 | Thursday, January 18 | Friday, January 19 |
| THE TIME IS ALWAYS RICHT TO <br> DO WHAT IS | Entrée <br> General TSO's Chicken <br> Teriyaki Beef Bites <br> Seasoned Rice <br> Vegetables <br> Oven Roasted Broccoli <br> Seasoned Black Bean <br> Fruit <br> Fresh Pear <br> Applesauce Cup <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Popcorn Chicken Bowl <br> Pork Chop <br> Biscuit <br> Vegetables <br> Mashed Potatoes w/Gravy <br> Buttery Corn <br> Fruit <br> Fresh Apple <br> Mixed Fruit <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Grilled Cheese Sandwich Hamburger/Cheeseburger <br> Vegetables <br> Vegetable Beef Soup <br> Baby Carrots w/Dip <br> Fruit <br> Fresh Banana Diced Pears <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Pizza Cheese Sticks <br> Hot Dog w/Chili Vegetables <br> Oven Roasted French Fries Marinara Cup Green Beans Fruit <br> Fresh Grapes <br> Applesauce Cup Milk Options <br> Skim Plain, Skim Chocolate |
| Monday, January 22 | Tuesday, January 23 | Wednesday, January 24 | Thursday, January 25 | Friday, January 26 |
| Entrée <br> Chicken Wrap <br> Spicy Sloppy Joe on Bun <br> Vegetables <br> Sweet Potato Fries <br> Oven Roasted Broccoli <br> Fruit <br> Fresh Orange Applesauce Cup <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Beef Taco Soup w/Chips Cheese Quesadilla Vegetables Salsa <br> Seasoned Black Beans <br> Fruit <br> Fresh Pear Frosted Blueberries Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Oven Roasted BBQ Chicken <br> Salisbury Steak <br> Whole Wheat Roll <br> Vegetables <br> Mashed Potatoes w/Gravy Green Beans <br> Fruit <br> Fresh Apple <br> Mixed Fruit <br> Milk Options <br> Skim Plain, Skim Chocolate | Entrée <br> Fish Nuggets Popcorn Chicken Hushpuppies Vegetables Buttery Corn <br> Potato Wedges Fruit <br> Fresh Grapes Applesauce Cup Milk Options <br> Skim Plain, Skim Chocolate | Teacher <br> Workday |

Lettuce and tomato cups offered with wraps, sandwiches, and tacos.

